



Pontarddulais Primary School

Home Learning



Use your Hwb account and associated programs to complete your work.

If you use Office 365 remember to share your work with your teacher. When using Just2Easy [J2e] remember to save your work for your teacher to see in your, 'My File Area.'

Year Group: Year 3 Date: 08.06.2020 Theme: Global Gourmet

AOLE	Challenge
Language Literacy and Communication 	★ Can you complete the attached comprehension on healthy eating? Remember to read the text carefully. Read the questions to check what you will be looking for. Re-read the passage and highlight where you will find the answer. Always answer in full sentences. Always check your work. Is your spelling and punctuation correct? ★★ Can you complete the attached comprehension on healthy eating? Remember to read the text carefully. Read the questions to check what you will be looking for. Re-read the passage and highlight where you will find the answer. Always answer in full sentences. Always check your work. Is your spelling and punctuation correct? ★★★ Can you complete the attached comprehension on healthy eating? Remember to read the text carefully. Read the questions to check what you will be looking for. Re-read the passage and highlight where you will find the answer. Always answer in full sentences. Always check your work. Is your spelling and punctuation correct? Imagine you are about to go to the supermarket. Write a shopping list of the things you will need to buy to have a balanced diet.
Health and Wellbeing 	★★★ Have a look at the healthy eating powerpoint on the website under the challenges. • Draw a plate of your favourite food. • Label each food to show which food group it is from. • Write a sentence for each food on your plate to explain why it is healthy. E.g Broccoli is good for your health because it contains a lot of fibre, vitamins, and minerals. 

AOLE

Expressive Arts



Challenge

Can you create a Rap about food?

Click on the QR code to listen to a food rap.
Now, can you have fun creating our own?



Top Tips:

- Think about what you want to say – what is your message?
- Think about rhyming words you could use.
- Record a video and upload it to J2e

We look forward to seeing what you can come up with!



Science and Technology



Did you know that in each can of fizzy drink there can be about 39 grams of sugar, which is about 9 teaspoons of sugar!



Create a persuasive poster with the title,
'Fizzy drinks should be banned!'

- Research the effects of what too much sugar can have on our bodies.
- Include 5 sentences about why they should be banned.
- Remember to use persuasive language!

AOLE

Mathematics and Numeracy



Challenge

We measure food in grams (g) and kilograms (kg) There is 1000g in 1kg

Choose 10 foods from your Kitchen.

- Can you weigh each food item and record the weight in grams?
- Can you draw a table to record your results as below?
- Can you order the food from the lightest to the heaviest?
- Can you create a bar graph on J2e to show your results?

Extension

- Can you round each weight to the nearest 10g and 100g? E.g.

Food	Weight (grams)	Rounded to the nearest 10 g	Rounded to the nearest 100g
Tin of beans	274g	270g	300g
Apple	73g	70g	100g
Banana	156g	160g	200g

Weight in order from the lightest to the heaviest

73g, 156g, 274g.

The apple weighed the lightest compared to the tin of beans which weighed the heaviest.



Humanities



Today our food is travelling increasing distances 'from the plough to the plate.' We refer to these distances as 'food miles'. Food miles are a way of attempting to measure how far food has travelled before it reaches the consumer. Flying food in planes uses nearly 40 times the amount of fuel as transporting the food by boat. Are food miles contributing to climate change? There is an increasing environmental cost associated with food miles.

- Think of 10 different foods.
- Research where they originate from and locate each food on a map.
- Use the Food Miles Calculator here to record the air miles that each item has travelled. Can you record it in a table? <http://www.foodmiles.com/>
- Can you order the air miles travelled for all of the food items from the least to the most miles travelled?

Article 28: You have the right to a good quality education and your education should help you use and develop your talents and abilities.

