



Pontarddulais Primary School

Home Learning



Use your Hwb account and associated programs to complete your work.

If you use Office 365 remember to share your work with your teacher. When using Just2Easy [J2e] remember to save your work for your teacher to see in your, 'My File Area.'

Year Group: Year 3 Date: 15.06.2020 Theme: Global Gourmet

AOLE	Challenge
Language Literacy and Communication 	Past and present tense To change a sentence from the past tense into the present perfect tense, you need to use: a past tense verb = present perfect tense The alien has won the hide-and-seek contest. The aliens sneaked into the restaurant. The aliens have sneaked into the restaurant. Have a look at the power point (found under the challenges on the school website) as this will help you understand what to do, and then choose either a 1,2, or 3 star challenge to complete.
Health and Wellbeing 	Wellbeing jar Having things to look forward to can make you feel happier And improve your wellbeing. Can you follow the instructions (you will find these under the Challenges on the school website) to create your own Wellbeing jar? Each time you think of something you would like to do in the future, write it on a piece of paper and place it inside your decorated jar. 

AOLE

Expressive Arts



Challenge

Can you use your creative skills to sketch a piece of fruit?



1. You will have to gather the items you need such as a piece of paper, pencils, pencil sharpener, rubber, and a piece of fruit.
2. Make sure you are sat somewhere comfortably.
3. Have a look at your fruit, and think about its colour, is it lighter in some places and darker in others? Are there lines? or dots? Is there a pattern on its skin?
4. Begin sketching, think about:
long lines, short lines, wavy lines, heavy lines...

Have fun!



Science and Technology



Looking at food labels to find their sugar content

You will find traffic light labels on most food and drink, usually on the front of the pack. These labels use red, amber and green colour coding to help us understand what's inside our food so we can make healthier choices when shopping.



Food labels, also called nutrition labels, show how much **sugar**, **sat fat** and **salt** are inside what we're buying. When it comes to reading food labels, a good rule of thumb is to go for more greens and ambers and cut down on reds. Watch the video on the NHS website <https://www.nhs.uk/change4life/food-facts/food-labels>. Then choose 10 foods from your kitchen and look at their food label. Following on from last week's poster about the amounts of sugar in a fizzy drink, can you decide which foods contain the smallest and largest amount of sugar and list them in order beginning with the food containing the lowest amount of sugar content. Does any of your findings surprise you? Why?

AOLE

Mathematics and Numeracy



Challenge

Imagine following a recipe to make a delicious cake and weighing the incorrect amount of ingredients because you didn't read the scales correctly and ended up putting too much butter into your cake, so it turned out like this!



Whoops!



It is really important to be able to read a set of scales correctly.



Can you choose a 1,2, or 3 star challenge and read and record the correct amount of weight on the scales?

Humanities



Which foods are eaten in which country?

1. Can you research these foods and find out which country they are associated with?
2. Decide whether you think they are healthy or unhealthy and write a sentence to explain why.
3. Which country has the tastiest food? Have you tried them? Which have you tried?
4. Which foods do we associate with Wales?



Curry, Pizza, spaghetti Bolognese, Fish and chips, Haggis, Crepes, Cous cous, Lasagne, Taco, Hamburger, Cawl...can you think of anymore?

Article 28: You have the right to a good quality education and your education should help you use and develop your talents and abilities.

